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therapy wikipedia Mar 19 2022 web a therapy or medical treatment often abbreviated tx tx or t x is the attempted remediation of a health problem usually following a medical diagnosis as a rule each therapy has indications and contraindications there are many different types of therapy not all therapies are effective many therapies can produce unwanted adverse effects

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therapy psychology today Dec 28 2022 web therapy sessions refer to structured meetings between a licensed provider and a client with a goal of improving some aspect of their life psychotherapy encompasses many types of treatment and is

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