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web sep 7 2016 it could be a car accident a natural disaster a medical emergency a fire or perhaps a trauma inflicted by another person in the form of assault abuse combat or robbery trauma can also web trauma is a pervasive problem it results from exposure to an incident or series of events that are emotionally disturbing or life threatening with lasting adverse effects on the individual s functioning and mental physical social emotional and or spiritual well being experiences that may be traumatic include web trauma biology is an area of burgeoning research with the promise of more complex and explanatory findings yet to come although a thorough presentation on the biological aspects of trauma is beyond the scope of this publication what is currently known is that exposure to trauma leads to a cascade of biological changes and stress responses web jun 3 2020 psychological trauma is a response to an event that a person finds highly stressful examples include being in a war zone a natural disaster or an accident trauma can cause a wide range of web jan 4 2022 what is trauma trauma refers to your response following an event that psychologically overwhelms you often resulting in shock denial and changes in the body mind and behavior according web trauma is an emotional response to a terrible event like an accident rape or natural disaster immediately after the event shock and denial are typical longer term reactions include unpredictable emotions flashbacks strained relationships and even physical symptoms like headaches or nausea while these feelings are normal some people have web jan 9 2023 childhood trauma can result from anything that disrupts a child s sense of safety including an unstable or unsafe environment separation from a parent serious illness intrusive medical procedures sexual physical or verbal abuse domestic violence neglect experiencing trauma in childhood can result in a severe and long lasting effect web 'trau 1 a an injury such as a wound to living tissue caused by an extrinsic agent b a disordered psychic or behavioral state resulting from severe mental or emotional stress or physical injury c an emotional upset the personal trauma of an executive who is not living up to his own expectations karen w arenson 2 web jan 4 2022 emotional trauma is the emotional response to experiencing a distressing event this can be diagnosed by a healthcare professional such as a psychiatrist or psychologist some signs and symptoms of emotional trauma are feelings of hopelessness anger fear disbelief guilt shame sadness or numbness mood swings confusion web trauma is a person s emotional response to a distressing experience few people can go through life without encountering some kind of trauma unlike ordinary hardships traumatic events tend to

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